

Strengthening the Education and Cultivation of Humanistic Feelings in College English Teaching

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Abstract: With the continuous improvement of China's social and economic system and the continuous development of social economy, people pay more and more attention to education. Under the background of the new era, English, as a necessary tool for internationalization, is becoming more and more important. In the process of learning English, efforts to improve one's humanistic feelings is one of the qualities that contemporary college students must focus on. Regardless of the stage of education, we should vigorously advocate people-oriented teaching. Therefore, in the process of teaching students, English educators must attach importance to the role and significance of humanistic education in college English teaching.

1. Introduction

As far as the current situation of English teaching is concerned, many students' awareness of humanistic feelings is very weak, which will affect the cultivation of comprehensive talents to a certain extent. The quality of comprehensive talents training in China has not been improved. The development of university education for a long time belongs to an open-minded teaching mode. In College English class, many educators are influenced by traditional teaching. Still more attention will be paid to the instillation of students' relevant English knowledge and the further development of relevant language skills, but they will neglect the cultivation of the humanities feelings of the university students. Therefore, many college students who have been cultivated in this way own professional knowledge, but due to the lack of humanistic literacy, there is still no way to meet the requirements of the development of the social age. This kind of education model has made our education more and more deviate from the original goal to some extent. College English educators should cultivate students' humanistic feelings while teaching, pay attention to the cultivation of comprehensive ability, and achieve the consistency of college English teaching and humanistic feelings teaching.

2. Research background of cultivating college students' humanistic feelings

Humanities education is an inevitable way to realize higher education. In the university study stage, college English should shoulder the burden of improving students' English skills and language skills as well as humanistic quality. To a certain extent, humanities education has the responsibility to spread its own national culture and some other countries' excellent culture, cultivate students' cultural identity and cultivate students' cultural communication ability. Of course, we must also cultivate students' ability to criticize their own culture and other cultures, and understand what the creators of a certain work want to express. The main purpose is to better cultivate students' ability to ask questions and analyze problems. At the same time, we must pay attention to cultivating students' ability and ability to demonstrate effectively. In fact, college English is part of our humanities education curriculum, and it has a very positive role in promoting the global awareness of college students. In addition, to a certain extent, students' learning English can promote further exchanges and collisions between Chinese and Western cultures, which is also conducive to improving students' humanistic literacy. The purpose of foreign language education is to understand the political culture, historical culture and ideological and spiritual culture of other countries through English, and to take the essence and discard the dross. However, in current

English learning, educators often overemphasize the importance of developing students' pure language skills. Educators also hope that students can improve their cultural literacy by learning English. Among the specific teaching requirements, there is no deeper requirement for cultural teaching. In other words, College English syllabus does not put forward higher and deeper requirements in culture teaching and students' humanistic feelings. This leads to educators failing to impart relevant cultural background to students in the process of language knowledge education.

3. The Education and Cultivation of Humanistic Feelings in College English Teaching

In recent years, with the continuous improvement of college admission rate in China, the expansion of university enrollment has made higher education more popular. To some extent, College English curriculum has become a course that students really like and benefit for life. The main purpose of College English teaching is to enable students to master the English language, so that students can use English to communicate with others. College English, as a highly humanistic subject, requires educators to make the teaching content closely linked with humanistic education in the teaching process. At present, there are three main problems in the teaching process. The first problem is that the humanistic awareness of College English students is relatively weak, and that of educators is relatively weak. Although the quality education of students is emphasized at any stage in the field of education, due to the long-term impact of exam-oriented education, the mainstream teaching mode at this stage is still test-oriented. When dealing with the content of the text, educators will generally introduce some cultures involved in the relevant content, but will not introduce the cultural background in a deeper level. Many students are passive in class. They just listen to the educator and have no further understanding of what the educator is talking about. Secondly, in the process of teaching college English courses, human resources are not enough. The textbooks we use are more prominent in English-related professional knowledge or some of the skills used in English. More emphasis is placed on developing students' ability to communicate in English. Many educators still adopt the traditional indoctrination mode, and they teach students more English knowledge in the classroom, while ignoring the cultivation of students' humanistic consciousness. It leads to the disconnection of knowledge and literacy among students during the learning process, which is not conducive to the cultivation of their comprehensive ability to some extent. Finally, the methods and methods of humanities education used in the teaching process are not correct. For now, the main strength of college English teaching is some younger teachers. Therefore, although they have a wealth of knowledge, but their experience and experience are not rich enough, and they are lacking in humanities literacy, which is not conducive to the cultivation of students' humanities literacy.

4. The Significance of Infiltrating Humanistic Feeling Education in the Process of College English Teaching

Many universities have provided a series of support for the promotion and cultivation of college students' human feelings, in order to enable students to become a comprehensive professional. In addition to having the corresponding professional knowledge and excellent professional quality, students can become a high-quality and high-profile talent. Humanistic sentiment is one of the basic ways to cultivate students' comprehensive quality to a certain extent. Only when educators constantly cultivate students' humanistic feelings in the process of English teaching, can students better adapt to the development and requirements of society.

4.1 To meet the needs of the development of today's Society

With the continuous development of social economy and the advent of a new era, the competition among countries in the world is not only the traditional competition in science, technology, economy, politics and culture, but also the competition of excellent talents between countries. Therefore, to a certain extent, the cultivation of excellent comprehensive talents is to better adapt to the current social development, English as a compulsory course in higher education.

In the whole process of education, it plays a very positive role for students and lays a foundation for training comprehensive and excellent talents. Educators must promote the development of students' mind and body as much as possible. Not only will the transmission of professional knowledge and professional skills be the goal and task of teaching, but also the cultivation and improvement of students' humanistic qualities. To a certain extent, English teaching requires educators to develop the language skills of students. However, educators should also actively and timely promote the students' humanistic feelings, cultivate students' humanistic qualities, and enable students to better adapt to the current social and contemporary development.

4.2 Achieve the purpose and requirements of teaching and educating people

Teaching and educating people are the responsibility and obligation that every educator should face. However, in the specific process of teaching, in addition to paying attention to the professional knowledge of students, educators must see the importance of educating people. Educators must attach importance to the development of students' physical and psychological aspects, and provide scientific and reasonable guidance for students in the study of professional knowledge and the cultivation of psychological quality. English teaching is a relatively linguistic subject. Therefore, educators often instill the relevant professional knowledge that needs to be told in the limited classroom time. According to their own curriculum planning for the corresponding teaching, lack of understanding of humanistic sentiment education. In the process of teaching, educators should integrate the cultivation of humanistic feelings into the education of English professional knowledge as much as possible, which is to some extent an important way for educators to assume their responsibilities. Only when educators constantly strengthen the education and cultivation of students' humanistic feelings, can they better promote students' all-round development, better cultivate students' comprehensive ability and improve their comprehensive quality.

4.3 Better adapt to the development of English Teaching

In the traditional English teaching process, educators only blindly impart relevant English knowledge and related English language skills to students, and further instill these knowledge in a cramming way. However, with the continuous development of society, the demand for talents is also changing. The innovation and development of teaching mode in the present era has further changed the teaching concept and mode of educators. It is required that educators pay attention to the subject status of students' learning, integrate human culture training and education into the process of English teaching, and promote the reform of college English classroom teaching in China, so that students can learn more knowledge [2].

5. Humanistic sentiment education and training strategies

5.1 The cultivation of humanistic feelings always runs through the teaching process.

In traditional English teaching, there is no way to adapt to the development of the social era. In the traditional teaching process, educators pay too much attention to the dissemination of students' knowledge and professional skills, so they have neglected the cultivation of students' humanistic feelings. Educators should change their educational models as much as possible, and the cultivation of literary feelings runs through the whole process of teaching. It can not only enable students to learn relevant language knowledge, but also improve their humanities. This is in line with the current requirements of social development, at the same time, it is also conducive to the cultivation of students' comprehensive quality.

5.2 Educators should pay attention to teaching content

In the process of teaching English knowledge to students, educators must pay attention to the selection and excavation of teaching content, and try their best to use some teaching materials that can help students improve their humanistic feelings. Therefore, the relevant educators must dig deeply into the textbooks so that the contents of the textbooks can be integrated with the cultivation of humanistic feelings as far as possible. In the process of disseminating English knowledge and

skills to students, they will integrate certain knowledge of humanistic feelings, so that students will pay more attention to their own cultural connotations in the process of learning English knowledge and give full play to their ability to learn independently.

5.3 Emphasis on cross-cultural learning

To a certain extent, language can not only spread culture, but also an important part of culture. Under the background of promoting quality education, educators must pay attention to the cultivation of students' humanistic feelings. Students should not only stay in the relevant knowledge and language skills, but also infiltrate the positive culture of the relevant countries into the teaching content, so that they can further understand the meaning of multiculturalism. It is the duty of a teacher to improve students' cultural cognitive ability, enable students to experience cultural diversity in the process of learning, constantly improve students' cultural literacy, and help students constantly establish correct cultural cognitive concepts.

5.4 Cultivating Students' Innovative Consciousness

In the traditional college English teaching process, educators have always been in the main position while students are in a passive position, which leads to many students in the process of English learning have a great dependence on educators. Therefore, educators must transform the traditional mode of thinking, and take students as the main body, and give full play to the students' independent learning ability. It can gradually have the ability to think independently and be able to solve problems in the process of learning [3].

6. Conclusion

Under the background of current social development, quality education is also being promoted in an all-round way. In the process of cultivating students' professional skills and professional knowledge, the school should also pay attention to the cultivation of students' comprehensive qualities. English educators must exert their subjective initiative as much as possible to tap students' autonomous learning ability, cultivate students' humanistic feelings and convey humanistic ideas to students, and eventually enable students to better adapt to the current social development and global economic integration of international talent demand.

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